



Circle of Security® PARENTING SERIES

Do you feel like you do not know what to do when your child is upset? Is he or she crying just to get attention? Why does it feel like my child and I do not understand each other?

If you have ever asked these questions, then come participate in the upcoming parenting series:

Circle of Security

The Circle of Security® Parenting™ program will help you understand and strengthen a secure parent-child relationship and help you be with your child in a way that supports your child's growth and development.

Learning Objectives of the Training:

- Understand your child's emotional world by learning to read his/her emotional needs
- Support your child's ability to successfully manage emotions
- Help your child develop self-esteem
- Honor your own wisdom and desire for your child to be secure

Sponsored by: Clackamas Parenting Together

Location: River Road Head Start 16518 SE River Road, Milwaukie OR, 97267

Dates: Tuesdays: March 6th thru May 1st

Times: 4:30 PM - 6:00 PM

Cost: FREE

CHILD CARE and SNACKS WILL BE PROVIDED.

Who should attend: All parents and adults raising children

To register contact: Susanna Gille at 503-305-1653 or susannag@cccchs.org